

Administrative Regulation

Instruction

AR 6143

Courses of Study

Note: Education Code requirements for courses of study are generally classified by grades 1-6 and 7-12. Therefore, K-8 districts and high school districts need to collaborate with appropriate area districts to ensure that all required courses are offered sometime during grades 7-12.

Note: Districts should select the sections below (Grades 1-6 and/or Grades 7-12) that correspond with the grade levels they offer. K-8 districts should use both the first and second sections but should delete material in the second section related to American government and civics and automobile driver education. Districts with grades 9-12 should use all of the section for Grades 7-12 except the optional material related to parenting education. Unified districts should use both sections.

Grades 1-6

Note: Items #1-7 below are areas of study required by law for grades 1-6. The Board may add other studies to this list.

Courses of study for grades 1 through 6 shall include the following:
(cf. 6146.5 - Elementary/Middle School Graduation Requirements)

1. English: knowledge and appreciation of language and literature, and the skills of speaking, reading, listening, spelling, handwriting, and composition (Education Code 51210)
(cf. 6142.91 - Reading/Language Arts Instruction)
2. Mathematics: concepts, operational skills and problem solving (Education Code 51210)
(cf. 6142.92 - Mathematics Instruction)
3. Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology, and sociology, including instruction in: (Education Code 51210)
 - a. The history, resources, development, and government of California and the United States

Instruction shall include the early history of California and a study of the role and contributions of men and women, black Americans, American Indians, Mexicans, Asians, Pacific Island people, and other ethnic groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society. (Education Code 51204.5)
(cf. 6141.2 - Recognition of Religious Beliefs and Customs)
(cf. 6141.6 - Multicultural Education)

- b. The development of the American economic system, including the role of the entrepreneur and labor

- c. The relations of persons to their human and natural environments
 - d. Eastern and western cultures and civilizations
 - e. Contemporary issues
 - f. The wise use of natural resources
(cf. 6142.5 - Environmental Education)
4. Science: biological and physical aspects, with emphasis on experimental inquiry and the place of humans in ecological systems (Education Code 51210)
(cf. 6142.93 - Science Instruction)
 5. Visual and performing arts: instruction in dance, music, theatre, and visual arts aimed at developing aesthetic appreciation and creative expression (Education Code 51210)
(cf. 6142.6 - Visual and Performing Arts Education)
 6. Health: principles and practices of individual, family, and community health (Education Code 51210)

Note: Education Code 51202 requires that certain health-related topics be addressed at "the appropriate elementary and secondary grade levels" during grades K-12. Districts may revise #a-e below to indicate topics that will be addressed in grades K-6.

The adopted course of study shall provide instruction at the appropriate grade levels and subject areas in: (Education Code 51202)

- a. Personal and public safety and accident prevention, including instruction in emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation when appropriate equipment is available
- b. Fire prevention
- c. The protection and conservation of resources, including the necessity for the protection of our environment
- d. Venereal disease
(cf. 6142.1 - Sexual Health and HIV/AIDS Prevention Instruction)
- e. The effects of alcohol, narcotics, drugs, and tobacco upon the human body
(cf. 5131.6 - Alcohol and Other Drugs)

Note: Education Code 51203 requires the Board to adopt regulations specifying the grade(s) and course(s) in which drug and alcohol education will be given. For language fulfilling this mandate, see AR 5131.6 - Alcohol and Other Drugs.

Note: The following two items are optional pursuant to Education Code 51202.

- f. Violence as a public health issue
7. Physical education, with emphasis on physical activities conducive to health and vigor of body and mind (Education Code 51210)
(cf. 6142.7 - Physical Education)

Grades 7-12

Courses of study for grades 7 through 12 shall include the following:

(cf. 6146.1 - High School Graduation Requirements)

(cf. 6146.5 - Elementary/Middle School Graduation Requirements)

(cf. 6162.52 - High School Exit Examination)

1. English: knowledge and appreciation of literature, language and composition, and the skills of reading, listening, and speaking (Education Code 51220)
(cf. 6142.91 - Reading/Language Arts Instruction)
2. Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology and sociology, with instruction in: (Education Code 51220)

Note: AB 2855 (Ch. 895, Statutes of 2004) repealed Education Code 51230, which had required study of the Declaration of Independence, U.S. Constitution, and other specified historical documents, as part of the course in American government and civics. Instead, AB 2855 amended Education Code 33540 to require that these historical documents be incorporated into the state's history-social science framework when it is revised by the State Board of Education.

- a. The history, resources, development, and government of California and the United States, including:
 - (1) Early California history, and the role and contributions of both men and women, black Americans, American Indians, Mexicans, Asians, Pacific Island people and other ethnic groups to the economic, political and social development of California and the nation, with particular emphasis on the role of these groups in contemporary society (Education Code 51204.5)

***Note: Item #(2) below is optional; districts should delete or modify the item accordingly. For districts that choose to offer instruction on World War II and/or the Vietnam War, the Legislature encourages that a component be included drawn from personal testimony, especially in the form of oral or video history. If oral histories are used, they must conform to the requirements of Education Code 51221.3 and 51221.4. ***

- (2) World War II and the American role in that war and the Vietnam War, including the "Secret War" in Laos and role of Southeast Asians in that war
- b. The American legal system, the operation of the juvenile and adult criminal justice systems, and the rights and duties of citizens under the criminal and civil law and the state and federal constitutions
This course may include participation in a teen court or peer court program. (Education Code 51220.2)
(cf. 5138 - Conflict Resolution/Peer Mediation)
- c. The development of the American economic system, including the role of the entrepreneur and labor
- d. The relations of persons to their human and natural environments, including the wise use of natural resources (Education Code 51221)

- (cf. 6142.5 - Environmental Education)
 - e. Eastern and western cultures and civilizations
 - f. Human rights issues, with particular attention to the study of the inhumanity of genocide, slavery, and the Holocaust
 - g. Contemporary issues
 - (cf. 6141.2 - Recognition of Religious Beliefs and Customs)
 - (cf. 6141.6 - Multicultural Education)
- 3. Foreign language(s): understanding, speaking, reading, and writing, beginning not later than grade 7 (Education Code 51220)
- 4. Physical education: with emphasis on physical activities conducive to health and vigor of body and mind, as required by Education Code 51222 (Education Code 51220)
 - (cf. 6142.7 - Physical Education)
- 5. Science: physical and biological aspects; emphasis on basic concepts, theories, and processes of scientific investigation and on the place of humans in ecological systems; appropriate applications of the interrelation and interdependence of the sciences (Education Code 51220)
 - (cf. 6142.93 - Science Instruction)
- 6. Mathematics: mathematical understandings, operational skills and problem-solving procedures; algebra (Education Code 51220, 51224.5)
 - (cf. 6142.92 - Mathematics Instruction)
- 7. Visual and performing arts: dance, music, theatre, and visual arts, with emphasis upon development of aesthetic appreciation and creative expression (Education Code 51220)
 - (cf. 6142.6 - Visual and Performing Arts Education)
- 8. Career technical/vocational-technical education: in the occupations and in the numbers appropriate to the personnel needs of the state and community served and relevant to the career desires and needs of students (Education Code 51220)
 - (cf. 6030 - Integrated Academic and Vocational Instruction)
 - (cf. 6178 - Vocational Education)

Note: Education Code 51934 requires that students be provided HIV/AIDS prevention instruction at least once in middle school or junior high school and at least once in high school; see BP/AR 6142.1 - Sexual Health and HIV/AIDS Prevention Instruction.

Note: Education Code 51202 requires that certain health-related topics be addressed at "the appropriate elementary and secondary grade levels" during grades K-12. Districts may revise item #11 below to indicate topics that will be addressed in grades 7-12.

- 9. Personal and public safety, accident prevention and health, including instruction in: (Education Code 51202, 51203)
 - a. Emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation when appropriate equipment is available
 - b. Fire prevention
 - c. The protection and conservation of resources, including the necessity for the protection of our environment

- d. Venereal disease
- e. The effects of alcohol, narcotics, drugs, and tobacco upon the human body and upon prenatal development
(cf. 5131.6 - Alcohol and Other Drugs)

Note: Education Code 51203 requires the Board to adopt regulations specifying the grade(s) and course(s) in which drug and alcohol education will be given. For language fulfilling this mandate, see AR 5131.6 - Alcohol and Other Drugs.

Note: The following two items are optional pursuant to Education Code 51202.

- f. Violence as a public health issue

Note: Education Code 51220.5 requires the equivalent content of a one-semester course in parenting skills and education in grades 7 and/or 8, subject to funding which was not subsequently appropriated; thus the following paragraph and items #1-8 are currently optional.

In addition, the course of study for grade 7 and/or 8 may include parenting skills and education that address at least all of the following: (Education Code 51220.5)

- 1. Child growth and development
 - 2. Parental responsibilities
 - 3. Household budgeting
 - 4. Child abuse and neglect issues
 - 5. Personal hygiene
 - 6. Maintenance of healthy relationships
 - 7. Teen parenting issues
 - 8. Self-esteem
- (cf. 5146 - Married/Pregnant/Parenting Students)

(3/02 11/03) 11/04

ADOPTED: 12-14-05

GRAVENSTEIN UNION SCHOOL DISTRICT
Sebastopol, California